

### **KINE 4709 – Physical Activity and Chronic Disease**

This course is designed for senior undergraduate students and has two main objectives. The first objective is to focus on the role of physical activity (PA) in the prevention, management and treatment of diverse chronic diseases. The second objective is to explore local, national and international PA interventions that target these diseases.

Restrictions: 3<sup>rd</sup> or 4<sup>th</sup> year students